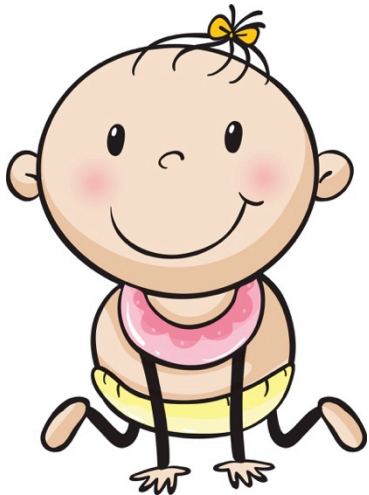


Your First Test: The Apgar Score

- Evaluates the newborn's physical status at **1** and **5** minutes after birth.
- Evaluated by numerical values (0-2) to each of the **five criteria**:



- (1) Heart Rate
- (2) Respiratory Effort
- (3) Muscle Tone
- (4) Response Stimulation
- (5) Skin Color

A score of **8-10** indicates the **best** physical condition